



Student Well-being Institutional Support Survey (SWISS) Instrument:

Fall 2024 Loyola University Maryland Base Question Set

Survey dates: October 15 – November 5, 2024

Response options or questions in green, bold text indicate those that were modified by Loyola from the standard base question set

1. During the academic year, how often do you have financial resources to consistently pay for adequate:
 - a. Food
 - b. Housing
 - c. Clothing
 - d. School supplies (e.g. course materials, texts)
 - e. School expenses (e.g. tuition and feeds)

(Response options: Very often (4), Often (3), Sometimes (2), Never (1))

2. Thinking about where you live during the academic year, to what extent do you agree that your housing situation allows you to do the following, if you choose:
 - a. Get as much sleep as you need most nights of the week
 - b. Make or access nutritious food
 - c. Feel safe
 - d. Connect socially with other students
 - e. **Connect intellectually with other students**
 - f. Prepare for your courses
 - g. Pursue creative interests
 - h. Pursue recreational interests
 - i. Relax

(Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1))

3. Thinking about resources on your campus, to what extent do you agree that your institution provides adequate:
 - a. Exercise and/or fitness facilities
 - b. Dining options that offer nutritious food
 - c. Dining options that are affordable
 - d. Dining options that meet your dietary needs (vegetarian, kosher, gluten-free, etc.)



- e. Health services for physical health needs
- f. Counseling services for mental health needs
- g. Affordable housing for students
- h. On-campus housing options
- i. Access to reliable internet

(Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1), I don't know (5))

4. How much does your institution emphasize the importance of attending courses, workshops, or trainings on the following topics:
- a. Resiliency of grit
 - b. Self-compassion
 - c. Mindfulness
 - d. Empathy
 - e. Keeping an open mind to others' worldviews

(Response options: Very much (4), Quite a bit (3), Some (2), Very little (1), I don't know (5))

5. How much does your institution emphasize the importance of:
- a. Diversity, equity, and inclusion
 - b. Engaging with people of different backgrounds
 - c. Understanding aspects of your own identity
 - d. Understanding aspects of others' identities
 - e. Being open to new ways of thinking
 - f. Learning about equity, justice, and privilege

(Response options: Very much (4), Quite a bit (3), Some (2), Very little (1), I don't know (5))

6. We all have many aspects to our identities. How often do you have opportunities to interact with a diverse array of people in:
- a. Courses for your major
 - b. Courses outside your major
 - c. Student clubs or organizations
 - d. Place of residence during the academic year
 - e. Attendance at campus programs/ events
 - f. Campus common spaces
 - g. On-campus employment

(Response options: Very often (4), Often (3), Sometimes (2), Never (1), Not applicable (5))



7. Thinking about your experiences with course instructors/faculty at this institution, how often have your instructors:
- Challenged your thinking about a topic
 - Encouraged you to explore new ideas
 - Provided you with multiple ways to learn about a topic
 - Assessed your individual needs as a learner
 - Discussed your academic goals with you
 - Made connections to other disciplines**
- (Response options: Very often (4), Often (3), Sometimes (2), Never (1))*
8. To what extent do you agree that your institution offers adequate:
- Academic advising services
 - Tutoring services for a variety of subjects
 - Opportunities to learn effective study skills
 - Preparatory or prerequisite courses
 - Opportunities to learn outside of the classroom
- (Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1), I don't know (5))*
9. To what extent do you agree that your institution provides adequate physical spaces where all students can:
- Feel welcome
 - Safely spend time outdoors
 - Socialize informally
 - Relax
 - Engage with students who have similar interests
- (Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1), I don't know (5))*
10. How often does lack of accessibility prevent you from engaging in all your institution has to offer?
- Mobility accessibility (e.g. ramps, crosswalks)
 - Visual accessibility
 - Auditory accessibility
- (Response options: Very often (4), Often (3), Sometimes (2), Never (1), I don't know (5))*



11. To what extent do you agree that your institution provides:
- Opportunities for you to meet other students
 - Activities for students on campus or close to campus
 - Opportunities for you to pursue non-academic interests
 - Ways for you to connect with the local community
 - Opportunities to pursue spiritual or religious interests
 - Volunteer or services opportunities
 - Campus traditions that unite all students
 - Opportunities to experience artistic performances/exhibitions
- (Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1), I don't know (5))*
12. How do you most often learn about events, programs, or services on your campus?
- Campus newspaper (print or online)
 - Regular campus email blasts
 - Campus list-serv messages (**Loyola Today**)
 - Administration-sponsored social media
 - Student organization social media
 - Campus app (**The Bridge**)
 - Printed flyers/ posters
 - h. Digital signage**
 - Word of mouth
 - Announcements in your courses
 - Other (please list)
13. To what extent do you agree that you know where to go on campus if you are:
- Feeling isolated socially
 - Having trouble academically
 - Worried about your physical health
 - Worried about your mental health
 - Feeling discriminated against, harassed, or unsafe
 - Interested in better nutrition
 - Interested in joining a student club or organization
 - Interested in learning more about diversity, equity, and inclusion
 - Interested in exploring religious/spiritual interests
- (Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1))*



14. To what extent do you agree that your institution encourages you to:
- Set meaningful academic goals
 - Set meaningful personal goals
 - Connect your coursework to experiences outside the classroom
 - Make connections between different disciplines**
 - Weigh whether or not to change your major based on your experiences at the institution
 - Explore a variety of academic interests
 - Graduate from this institution

(Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1))

15. To what extent does your institution encourage you to:
- Appreciate the value of being a life-long learner
 - Develop a set of personal, life-long values
 - Make an impact on campus
 - Make an impact in your community
 - Explore your religious/spiritual views
 - Reflect on your purpose in life
 - Meaningfully connect your coursework to your purpose and values
 - Meaningfully connect your co-curricular activities to your purpose and values
 - Leave a meaningful legacy on campus
 - Support the institution after you graduate

(Response options: Very much (4), Quite a bit (3), Some (2), Very little (1))

16. To what extent do the following contribute to your stress during the academic year?
- Concern for your family members
 - Concern for your friends
 - Issues with your romantic partner
 - Roommate conflict**
 - Physical health concerns
 - Mental health concerns
 - Academic concerns
 - Concerns related to your basic needs
 - Financial concerns

(Response options: Very much (4), Quite a bit (3), Some (2), Very little (1), Not applicable (5))



17. To what extent do you agree that your institution provides adequate resources for you to learn about:
- Managing your money
 - Paying bills
 - Loan management
 - Saving and/or investing money
 - Salaries or wages
 - Benefits that may be included with employment
- (Response options: Strongly agree (4), Agree (3), Disagree (2), Strongly disagree (1), I don't know (5))*
18. On average, what have your grades been at this institution so far?
- (Response options: A (1), A-(2), B+(3), B(4), B-(5), C+(6), C(7), C- or lower(8))*
19. Please indicate your class standing
- (Response options: First-year/Freshman (1), Sophomore (2), Junior (3), Senior (4), Fifth-year, (5), Graduate Student (6), Other(please specify))*
20. In which subject area is your primary major **(or intended major)**?
- (Response options: Business (1), Computer Science (2), Education (3), Engineering (4), Health sciences (5), Interdisciplinary (6), Liberal arts/Humanities (7), Mathematics (8), Physical Sciences (9), Social Sciences (10), Technology (11), Visual or performing arts (12), Undecided (13), Other(please specify))*
21. If applicable, in which subject area is your secondary major?
- (Response options: Business (1), Computer Science (2), Education (3), Engineering (4), Health sciences (5), Interdisciplinary (6), Liberal arts/Humanities (7), Mathematics (8), Physical Sciences (9), Social Sciences (10), Technology (11), Visual or performing arts (12), Undecided (13), Other(please specify))*
- 22a. Where do you currently live?
- On-campus residence hall or apartment
 - Off-campus (but not commuter)
 - Off-campus (commuting to campus; **i.e. living at home with family/guardian**)
 - Studying abroad this semester
 - In transition or homeless
 - Another living situation



- 22b. If “yes” to Off-campus (commuting to campus), do you live:
(Response options: At home with parent(s)/guardians (1), In my own home/apartment (2), Another living situation (3))
23. How would you describe yourself? (select all that apply) – race/ethnicity
*(Response options: African American or Black (1); American Indian, Alaska Native, or First Nations (2); Asian or Asian-American (3); Hispanic or Latino/a/x (4); Middle Eastern or North African (5); Native Hawaiian or other Pacific Islander (6); White or European American (7); Another race or identity (8); Prefer not to respond (9); Multiracial (10)) *Note: 10 is a recode of respondents who selected more than one response option for this question.*
24. What is your gender identity (select all that apply)
*(Response options: Genderqueer or non-binary (1), Man (2), Woman (3), Unsure (5), Prefer not to respond (6), More than one gender identity (7), Prefer to self-describe [write-in]) *Note: 7 is a recode of respondents who selected more than one response option for this question.*
25. Which of the following best describes your sexual orientation?
(Response options: Bisexual (1), Gay (2), Heterosexual (straight) (3), Lesbian (4), Queer (5), Questioning or unsure (6), Prefer not to answer (8), Prefer to self-describe [write-in])
26. Do you identify as any of the following?
- First-generation student
 - Current or former member of the U.S. Armed Forces, Reserves, or National Guard
 - Student athlete
 - International student
 - Transfer student
- (Response options: Yes (1), No (2), I prefer not to respond (3))*
- 27a. Have you been diagnosed with any disability or impairment?
(Response options: Yes (1), No (2), I prefer not to respond (3))
- 27b. [If answered “Yes”] Which of the following has been diagnosed? (Select all that apply)
*(Response options: A sensory impairment (visual or hearing) (1), A mobility impairment (2), A learning disability (3), A mental health disorder (4), A chronic illness (5), A disability or impairment not listed above (6), More than one disability or impairment listed above (7)) *Note: 7 is a recode of respondents who selected more than one response option for this question.*

28. In what year were you born?

(Response recoded into the following: 17 or younger (1), 18 years old (2), 19 years old (3), 20 years old (4), 21 years old (5), 22 years old (6), 23-25 years old (7), 26-30 years old (8), 31-40 years old (9), 41-50 years old (10), 50 or older (11))

NEW Q1: Loyola University Maryland's Mission Statement is stated as follows:

“Loyola University Maryland is a Jesuit, Catholic university committed to the educational and spiritual traditions of the Society of Jesus and to the ideals of liberal education and the development of the whole person. Accordingly, the University will inspire students to learn, lead, and serve in a diverse and changing world.”

The following questions are not meant to gauge how connected you feel to the Jesuit Catholic faith. Rather, they are meant to ask how Loyola's Jesuit intellectual tradition affects your experience as a student.

With the prior information on the Jesuit intellectual tradition in mind, please rate your agreement with the following statements:

- a. My academic experience at Loyola University Maryland is positively impacted by the University's Jesuit Catholic mission, identity, and values.**
- b. The values of the Jesuit education (discernment, academic excellence, diversity, community, service, leadership, care for the whole person, etc.) are compatible with my personally-held values.**
- c. Loyola University Maryland would benefit from its Jesuit values being more explicitly expressed.**

(Response options: Strongly Agree (1), Agree (2), Disagree (3), Strongly Disagree (4), Prefer Not to Answer (5))

NEW Q2a: At any point have you seriously considered leaving Loyola? (Y/N)
(Response options: Yes (1), No (2))

TEXT:

If you are an undergraduate student currently considering leaving Loyola, the Office of the Dean of Undergraduate Studies can assist with discernment and connection to resources on campus. They can be reached via email at odugs@loyola.edu, or by stopping by their office in MH 145.

Graduate students should contact Beth Kotchick, Associate Vice President for Graduate Academic Affairs (bakotchick@loyola.edu) or Mark Lee, Director of Technology and Graduate Student Services (mslee@loyola.edu).

NEW Q2b: When did you seriously considering leaving Loyola? (select all that apply)

- a. During my first year
- b. During my second year
- c. During my third year
- d. During my fourth or fifth year
- e. During graduate school

NEW Q2c: Why did you seriously consider leaving Loyola? (select all that apply)

Personal

- a. I need/want to be closer to home
- b. I need/want to work instead of attending school
- c. I considered joining the military
- d. Family commitments
- e. Other personal reasons (please specify)

Academic

- a. I got accepted to my first choice school
- b. I did not find the coursework challenging enough
- c. I was less interested in the core coursework
- d. I did not find my classmates academically serious enough
- e. My desired major is not offered at Loyola
- f. My desired major is better at my transfer school
- g. Limited research/experiential learning opportunities.
- h. I prefer more online learning options than Loyola offers.
- i. Other academic reasons (please specify)

Financial

- a. I encountered unexpected expenses
- b. I received inadequate financial aid
- c. I was concerned about the amount of loans I had to take to fund my education.
- d. I had trouble finding a job at Loyola
- e. Another institution offered me a better overall financial package.
- f. Other financial reason (please specify)

Social

- a. Not enough to do on campus
- b. Loyola is too small
- c. I did not feel connected to others (faculty, students, staff, etc.)
- d. I did not enjoy living in Baltimore
- e. The student diversity is lacking
- f. The residential living environment was inadequate
- g. Campus dining options did not meet my needs.
- h. Other social reason (Please specify)

Health and Well-being Concerns

- a. I encountered issues related to a physical health concern
- b. I encountered issues related to a mental health concern
- c. I encountered issues related to a disability or accommodation
- d. The health of a family member or friend

Q2d: What stopped you from leaving Loyola University Maryland? [open response]