



DIVISION OF  
**STUDENT AFFAIRS**  
COUNSELING CENTER

**EXTERNSHIP IN PSYCHOLOGY**  
**UNIVERSITY OF MARYLAND COUNSELING CENTER**  
**2025-2026**

**TRAINING PROGRAM**

The University of Maryland Counseling Center is accepting applications for doctoral externship training in psychology during the **2025-2026 academic year**. The externship provides supervised training in short-term individual counseling for university students. Externs typically spend 16-18 hours per week, including two hours of supervision by two senior staff psychologists at the Counseling Center. Other training activities include participation in weekly case conferences with senior staff and staff developments/seminars on various clinical topics, as well as the possibility of conducting brief assessments (intakes), co-leading a group, presenting a wellness workshop and/or a psychoeducational workshop series. **Externs are required to be on-site either Monday or Thursday. This is a non-paid externship.**

For more information, please visit <https://www.counseling.umd.edu/cs/externship/>

**THE COUNSELING CENTER**

The University of Maryland Counseling Center has provided mental health services to university students for over 70 years. As the primary mental health agency on campus, our services target a large and diverse population of undergraduate and graduate students. Our services include brief assessments (intakes), short-term individual therapy, groups (interpersonal, identity-based, and skills), vocational counseling, outreach/consultation, and collaboration with other university departments and services.

**COVID-19 TRAINING UPDATES**

In lieu of changes in service delivery due to the COVID-19 pandemic, the Counseling Center is providing all services (i.e., individual, group, workshops, and outreach) via a hybrid model of in-person and telehealth during the 2025-2026 academic year. Currently, the majority of individual therapy sessions and all supervision sessions are occurring in-person. Externs are expected to work on-site in their designated Counseling Center office for the entirety of the externship experience, including when providing telehealth services. We will continue to follow the directives of the University, the State of Maryland, and health officials to protect the safety and health of our staff, trainees, and students. We will keep our incoming 2025-2026 externship class updated about changes in their training as needed.

**APPLICANT QUALIFICATIONS**

Applicants must be doctoral students in APA-approved counseling psychology or clinical psychology doctoral training programs. Externs typically are in their third or fourth year in training during externship. Preference is given to applicants who have completed a minimum of 3 years of clinical practica.

**To apply, students should send:**

1. A statement of interest
2. An updated curriculum vitae describing academic and clinical training
3. One (1) letter of recommendation from the student's advisor or training director
4. Two (2) letters of recommendation from clinical supervisors

*\*Please Note: Emails from letter writers should indicate your name in the subject heading*

**APPLICATION DEADLINE:** All materials must be received by **Tuesday, February 4, 2025 by 4:00pm EST.** Applications should be submitted in Word or PDF. **Please send completed applications to Dr. Shealyn Blanchard at [sblanch1@umd.edu](mailto:sblanch1@umd.edu).**