# LUM COUNSELING CENTER TRAINING PROGRAMS

Learn more about us by visiting www.loyola.edu/counselingcenter.



The Loyola University of Maryland Counseling Center offers advanced graduate students in clinical training programs the opportunity to learn and collaborate with a multidisciplinary team of clinicians and fellow trainees in the fields of Social Work, Psychology, and Counseling. Our programs prepare graduate students from these various fields of mental health to work in settings addressing the needs of the current generation of college students in a University Counseling Center setting.

Our overarching training model is grounded in cultural humility, where dialogue and action are infused throughout all aspects of our work.

#### Clinical Service

Trainees will provide brief individual counseling to students with a wide range of psycho-social and emotional concerns. With the support of their supervisors, trainees will explore a range of theoretical orientations; ethical practice; therapeutic relationship building; the psychological change and healing process; cultural humility; and crisis intervention.

During the year (August-May), trainees may have opportunities to gain experience in the following areas:

- Initial Assessment
- Brief Individual Therapy
- Group Counseling
- Comprehensive Referral
- Outreach
- Specialty Track Opportunities (For example: Student Athlete Mental Health Services, LGBTQ+ Services, etc.)

Trainees are expected to be available for ~ 16-20 hours per week and carry an average caseload of 8-12 clients.

## **ELIGIBILITY & APPLICATION PROCEDURE**

Candidates should be advanced graduate students with previous supervised clinical experience. Candidates should have completed preliminary course work including counseling skills, theories, ethics, and cultural considerations. We also encourage potential candidates to consider the potential for multiple relationships; please review our statement on multiple relationships.

### **Application Procedure**

## **Application deadlines:**

- **Doctoral Externship: January 21, 2025** (Note: Applications will be reviewed and interviews offered on a rolling basis starting on <u>January 6th</u>.)
- MSW & MS in Counseling: March 3, 2025

Once applications are reviewed, interviews will be offered to qualified candidates for the 2025-2026 application cycle. **Offers will be made on a rolling basis.** 

The following materials are required:

- a. Cover letter
- b. Curriculum vitae
- c. Graduate transcript (unofficial is acceptable)
- d. Two recommendations that include information that highlights the following areas:
  - 1) case conceptualization, 2) awareness of and ability to respond to themes of equity and inclusion, 3) ethical practice, 4) use of supervision, and 5) workplace engagement/case management. We also appreciate consideration of areas for growth as we work to ensure our training program meets the needs of potential trainees.
  - Recommendations should be submitted to the Associate Director for Training directly from the recommender.

Application materials can be faxed 410-617-2001 or emailed to Kourtney Bennett, PhD, Associate Director for Training, at kbennett@loyola.edu.

