Seasonal Menu

Boulder Garden Café Menu 9/30-10/6

(V) Vegetarian		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
fresh STOCK							**Brunch / Dinner**	**Brunch / Dinner**
	Broth Soup	(V) Garden Vegetable Chowder	Classic French Onion	Hearty Beef & Rice	Chicken Noodle	(V) Tomato Basil	Cream of Wheat / Soup du Jour	Grits / Soup du Jour
	Cream Base or Chili	Chili Con Carne	(V) Vegetable Chili	(V)Spiced Lentil & Coconut Soup	(V) Five Bean Chili	New England Clam Chowder	Soup du Jour	Soup du Jour
LOYOLA Diner	**Lunch Entrée**	Curry Chicken with Potato	Sweet Italian Sausage with Peppers & Onions	Pork BBQ Sandwich	Italian Baked Chicken Thighs	Hand Breaded Fish	Scrambled Eggs	Meat & Cheese Frittatas
	Lunch Entrée	Meat Loaf Sandwich	Buffalo Chicken Sandwich	Herb breadcrumb encrusted Chicken Breasts	Meatballs Marinara	Breaded Clam Strips	Specialty of the Day	Specialty of the Day
	Vegetable	Green Beans	Glazed Carrots	Sauteed Zucchini	Garlic Spinach	Steamed Broccoli & Cauliflower	Vegetable du Jour	Vegetable du Jour
	Vegetable	Fried Plantains	Steamed Broccoli	Braised Cabbage	Sautéed Yellow Squash & Red Peppers	Buttered Corn	Bacon & Sausage	Bacon & Sausage
Lunch	**Starch**	Rice & Peas	Sundried Tomato Pesto Pasta	Western Fries	Rigatoni Romanoff	Macaroni & Cheese	Pancakes / Homefries	French Toast Sticks / Homefries
	(V) Vegetarian	Curried Tofu with Rice	Mushroom Paella	Portabella Mushroom Napoleon	Cous Cous with Chickpeas & Peppers	Noodles & Broccoli with a Spicy Peanut Sauce	Vegetable Sausage	Vegetable Frittatas
LOYOLA Diner	**Dinner Entrée**	Fried Pork Chops	Chicken Bruschetta	Buttermilk Fried Chicken	Stir Fried Beef with Basil & Chile	Chicken Pot Pie with Biscuits	Meat & Cheese Lasagna	Beef Stroganoff
	Dinner Entrée	Ranch Chicken	Pit Ham	Pork & Sauerkraut	Chicken Stir Fry	Baked Tilapia	Chicken Parmesan	Specialty of the Day
	Vegetable	Vegetable Medley	Steamed Cauliflower	Stewed Tomatoes	Sauteed Mushrooms & Onions	Vegetable Medley	Italian Baked Zucchini	Vegetable du Jour
	Vegetable	Caramelized Apples	Garlic Spinach	Succotash	Sautéed Snow Peas	Fresh Vegetable Medley	Ratatouille	Steamed Cauliflower
Dinner	**Starch**	Roasted Red Bliss potatoes	Linguini with Olive Oil & Fresh Herbs	Mashed Potatoes	Rice cooked with Coconut	Herbed Rice Pilaf	Garlic Bread Sticks	Buttered Egg Noodles
	(V) Vegetarian	Pasta with Olives, Capers & Roasted Red Peppers	Tuscan Bean Stew	Stuffed Tomatoes	Quinoa Pilaf	Curried Lentil & Vegetable stuffed Peppers	Vegetable Lasagna	Mushroom Risotto
BRAVISIMO!	**Lunch Entrée**	Sizzlin' Spinach Salad	Fried Rice Bar	Chicken Pho Bar	Beef & Tofu Fajita Bar	Beef Stir Fry	Made to order omeletes	Made to order Omeletes
	Dinner Entrée	Quesadilla Bar	Stir Fried Carrots with Mango & Ginger	Macaroni Bar	Sizzlin'Caesar Salad	Ravioli Bar	Chicken Sacmpi	Made to order Omeletes
1852 PIZZA	**Items available at the Pizzeria daily: Cheese, Pepperoni, White & Vegetable Pizzas**							
	Pizza Specialty	Asian Chicken Pizza	Taco Pizza	Artichoke, Kalamata Olive & Feta	Spinach, Bacon & Alfredo	Italian Sausage & Mushroom	BBQ Chicken with Caramelized Onions	French Bread Pizza
THE DAILY DISH	**Entrée**	Baked Potao Bar	Nacho Bar	Pierogie Bar	Taco Bar	Buffalo Chicken Wrap	**Brunch** Carved Ham **Dinner** Chef Salad Wrap	**Brunch** Carved Tukey **Dinner** Hot Dog Bar
THE GRILLE	**Items available at the Grill daily except on " Flats Special Days": "Fresh Ground" Hamburgers and Cheeseburgers, Grilled Cheese, Fried or Grilled Chicken Sandwich,(V) Black Bean Burgers, Turkey Burgers and Hand Cut French Fries Cheese available: American, Provolone, and Swiss**							
	Flats Special					Cheese Steak Special		
	Burger Special	Roma Burger	Pizza burger	Lemon Pepper Tukey Burger	Texas BBQ Buger		Burger of the day	Burger of the day
DELI	**Items available in the Deli daily, to include, but not limited to: Breads and Wraps - Whole Wheat, Multi Grain, Sourdough, Rye, Kaiser Rolls, Sub Rolls, and Wraps. Featuring Boars Head Meats - Baked Ham, Roasted Turkey, Roast Beef or Pastrami, Salami, Pepperoni, Buffalo Chicken. Salads - Tuna, Chicken, Seafood salad, or Egg Salad and a rotation of other composed salads. Vegetable Toppings - Red Lettuce, Tomatoes, Red Onions, and Pickles. Cheese - American, Cheddar, Provolone and Swiss or Pepper Jack.**							
MARKET FRESH	**Showcase Salads - Full Salad Bar featuring: 28 fresh toppings, 8 dressings, flavored oils and vinegars, 2 Yogurts, Cottage Cheese, Fresh Fruit Bar, and 5 Fresh Fruits. Check out our specialty salads 3 or more composed salads featuring a variety of both International (Hemisflavors) and local favorites.**							
Wheatcroft's	**10 Cold Cereals, 4 Juices, 2% Milk, Skim Milk, Chocolate Milk, and Soy Milk, Coffee, Decaf Coffee, Tea, 10 Soft Drinks, Filtered Water. Fresh Baked Desserts and Breads - White & Wheat, Rye, Fat-Free Wheat, English Muffins, 5 Varieties of Bagels, Peanut Butter, Cream Cheese, Butter and Jelly, 6 Flavors of Hershey's Ice Cream, Sundae Toppings, Fresh Baked Cookies, Cakes Pies, and other Homemade Desserts.**							